

Earth Week Boomerang & Wasteless Lunch Challenge!!



Wildwood School Takes Care of This Place!

How do we Impact this Place?



How do our actions affect our school? community?
mother earth?

How do we impact this place?

One way that we impact this place is by using different materials, and making decisions about what to do with items we do not want or need any more.

Let's think about lunch! Every day we eat food that has been packaged or prepared in containers and wrappers, and produces waste. What kinds of materials do you see?



Lunch Garbage

What do you think happens to the items we decide to put in the garbage?

How do you think these items affect the Land/Air/Water/Animals/People?



Garbage

Did you know it can take 1000 years for plastic to decompose? When we throw items in the garbage, they go to a landfill, where they sit on top of or are buried under the ground. Just because we cannot see the items, does not mean they are not still there!



What can we do to help make a more positive impact?



Reducing, Reusing, & Recycling!



What can we do to help make a more positive impact?



These items are recyclable/ refundable! Instead of putting waste in the garbage, you can rinse them and put them back into your lunch to be recycled at home/collected to bring to a bottle depot to get refunded. You can also pack lunches so they have the least amount of packaging possible!

Waste-Free Lunch Boomerang Challenge!



Starting on Monday April 22nd (Earth Day), we will begin our Wildwood Waste-Free Boomerang Lunch Challenge!

The goal of the challenge is to help schools decrease the amount of garbage they produce and to educate students, staff, and parents about waste reduction and the principles of the 3Rs – Reduce, Reuse, and Recycle. For more information and details, [click here](#).

Here is how you can participate in the Waste-Free & Boomerang Lunch Challenge!

1. Ensure all waste goes back into your lunch box. Items can be rinsed and put back or put into containers to help keep the lunch box tidy.
2. Think about how you can help pack lunches that have less waste.
3. Measure your impact!

Create a chart on a large piece of paper or create one on the white board. You can follow the sample chart provided to record class results, have students individually monitor their waste or modify the chart to suit your class' needs.

4. Consider continuing to try to reduce, reuse and recycle, and participating in boomerang/wasteless lunches, not just on earth day, but every day!

Waste Free Lunch Tips for Families!

Waste-Free Lunch	Disposable Lunch (please avoid)
• Durable, reusable lunch containers • Reusable water bottle, thermos • Washable silverware • Cloth napkins • Tupperware, reusable food container or thermos • Healthy snacks	• Single-Use plastic or paper bags • Drink boxes, pop cans, bottled water • Plastic disposable spoons, forks and knives • Paper napkins, towels or tissues • Cling wrap, wax paper, Styrofoam, foil • Packaged snacks

WASTE-FREE LUNCH TIPS

- Get children to help pack their lunches with healthy foods.
- Put Yogurt from a larger tub into a smaller tupperware to bring to school.
- Only pack as much food as your child will eat.
- Use a reusable lunch bag/box for carrying lunch.
- Use a refillable bottle for drinks
- If you choose to use a single-serving container, please make sure it is recyclable.
- Put sandwiches, muffins, etc. in reusable containers, instead of plastic bags. Label the containers with your child's name so they have a better chance of coming home.

Did you know?

Waste-free lunches are less expensive. The Recycling Council of Ontario estimates that: "a lunch that contains processed, pre-packaged foods costs about \$4.50, while the average waste-free lunch can cost as little as \$2.50. Packing a waste-free lunch every school day can save over \$360 per year".





Together we can help make a positive impact for Mother Earth. Let's Start Today!